

Deeper Still: Conversations on Faith

During COVID-19

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For in the day of trouble he will keep me safe in his dwelling; he will hide me in the shelter of his sacred tent and set me high upon a rock.

Psalm 27:5

When crises arise, it is common to reexamine what we believe. This is both natural to do and useful in gaining a sense of purpose and perspective. Here are some questions to ponder while you are sheltering at home. You can take them one at a time, a few at a time, or go over them all at once. The first set helps you look deeper into your view of God; the second is more general in how to apply that view toward this current situation.

Set 1

1. How do I see God?
2. Who does He say He is? (Ex. Genesis 1:1, Deuteronomy 4:31, Exodus 34:6-7, Psalm 86:5, Isaiah 40: 28-29, Revelation: 1-8, Isaiah 55: 8-9, John 17:3)
3. How does COVID 19 impact how I see or understand Him?
4. Am I viewing God through the lens of circumstances or am I viewing circumstances through the lens of Who God says He is?
5. What does God say about our current circumstances? (Ex. Psalm 46:1, John 16:33)
6. Does my answer to 5 change my perception? If so, how?
7. What does God say about trust in Him (Ex. Psalm 20:7, 2 Timothy 1:7, Matthew 10: 29-31, Isaiah 41:10)
8. Is God forbidding fear or is He saying when you are afraid, He is able and trustworthy? (hint: fear is a natural response given to alert us to danger)
9. What is it like to know you have someone you can trust when the world seems so unsteady?

Set 2

10. What does God say He will do during hard times? (Ex. Romans 8:28)
11. How have I seen God at work around me?
12. How have I seen God at work in me?
13. What does God ask of me? (Ex. Micah 6:8, Matthew 22: 37-39, Romans 10:13)
14. How can I serve God and my neighbor specifically during this time?
15. How can I pray for others at this time?

For further spiritual helps, you may want to search for churches or houses of worship in your area. Though congregations may not be gathering in person, many are holding online services and prayer time. Here are links to some of our local resources who are addressing COVID-19 or spiritual struggles specifically. All of these are Christian churches or organizations.

Cherokee Presbyterian Church: Weekly devotional from the book of Habakkuk as it relates to COVID 19 <https://www.facebook.com/CherokeePresbyterianChurch/>

First Baptist Church of Woodstock: Unprecedented Times devotionals <https://fbcw.org/on-demand/?sapurl=Lys50DU2L2xiL21zLytqY25zd2dtP2JyY-W5kaW5nPXRYdWUmZW1iZWQ9dHJ1ZQ==>

Northpoint Church: Messages (audio) addressing those who struggle with doubts about God <https://store.northpoint.org/products/who-needs-god-audio-download>